

# Follow Friday

My friend Sally Oakley has started a blog at <http://oakleythoughtso.blogspot.com/>

She writes

*A bit of a working title. It's an idea James and I have had, to write (perhaps together?) about our experiences of depression. It sounds depressing, I know, but the idea would be to make it extremely practical and readable; something that anyone could pick up and get something out of. Anyone who would like to know more about depressive illness, parenting, marriage, and surviving all three. And all the bits in between.*

Looking forward to it.